

EXPEDITIONER AND FAMILY REINTEGRATION: COMPARING SHIP-BASED AND AIR-BASED PERSONNEL MOVEMENT.

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Reintegration following Antarctic deployment can be a difficult. Studies of this process to date have focused predominantly on expeditioners' experience. This paper presents the preliminary findings of a longitudinal study of factors that promote psychological resilience and adaptation in expeditioners and their families in parallel. The influence of pre- during- and post-deployment experiences and family dynamics are presented. The implications of the findings for developing resilience in expeditioners and families are discussed, as are the possible implications of the shift from ship-based to air-based personnel transportation arrangements.